



# BIG RIVERS ALL-CONFERENCE TEAM



## Cross Country

GIRLS

BOYS

### 2023-24 BRC TEAM CHAMPION

Eau Claire Memorial

Hudson

### BRC INDIVIDUAL CONFERENCE CHAMPION

<u>Name</u>	<u>Yr.</u>	<u>School</u>	<u>Name</u>	<u>Yr.</u>	<u>School</u>
Marah Benedict	Jr.	New Richmond	Brock Bjerke	Sr.	Hudson

### 1ST TEAM ALL-CONFERENCE

<u>Name</u>	<u>Yr.</u>	<u>School</u>	<u>Name</u>	<u>Yr.</u>	<u>School</u>
Marah Benedict	Jr.	New Richmond	Brock Bjerke	Sr.	Hudson
Lauren McCalla	So.	Menomonie	Quinlan Andrews	Jr.	River Falls
Brooklyn Hoff	Sr.	Menomonie	Noah Lawrence	Sr.	Hudson
Lindsay Berg	Jr.	Eau Claire Memorial	Addisu Haverly	Sr.	Hudson
Madison Benzer	Fr.	New Richmond	Will Pongonis	Fr.	Eau Claire Memorial
Lyla Vlcek	Jr.	Hudson	Ethan Eilertson	Sr.	Hudson
Abby Britton	Fr.	Rice Lake	Zachery Waterman	Jr.	Hudson
Charlotte Willems	Jr.	Eau Claire Memorial	Ryan Keller	Fr.	Hudson

### 2ND TEAM ALL-CONFERENCE

<u>Name</u>	<u>Yr.</u>	<u>School</u>	<u>Name</u>	<u>Yr.</u>	<u>School</u>
Jordan Chen	Sr.	Chippewa Falls	Carter Kucko	Sr.	Rice Lake
Clara Drost	So.	Rice Lake	Will Sylvester	Sr.	Eau Claire Memorial
Madison Lehman	Sr.	Menomonie	Jonah Majerus	Jr.	River Falls
Leah Schiltgen	Fr.	Hudson	Theodore Pennycook	So.	Hudson
Afton Gillis	So.	River Falls	Noah Sylvester	So.	Eau Claire Memorial
Nora Mecikalski	Jr.	Eau Claire Memorial	Jager Ruedebusch	Jr.	Hudson
Morgan Stephens	So.	Rice Lake	Mason Fredrickson	Jr.	Chippewa Falls
Ava Wozney	Sr.	Eau Claire Memorial	Tae Herron	So.	New Richmond

### HONORABLE MENTION

<u>Name</u>	<u>Yr.</u>	<u>School</u>	<u>Name</u>	<u>Yr.</u>	<u>School</u>
Maude Spagnolo	Sr.	Rice Lake	Daniel Murray	Sr.	Eau Claire Memorial
Julia Holthaus	Jr.	Rice Lake	Austin Prince	So.	Rice Lake
Adeline Viergutz	Jr.	Eau Claire Memorial	Grant Burns	Jr.	Menomonie
Kyah Barnhart	So.	Menomonie	Benjamin Cihasky	Sr.	Chippewa Falls
Noelle Simetkosky	Jr.	Chippewa Falls	Jack Hughes	So.	New Richmond
Abby Merconti	Jr.	Chippewa Falls	Aidan Ecker	Sr.	Eau Claire North
Elyse Thomas	Fr.	Eau Claire Memorial	Luke Beeksma	Jr.	Eau Claire Memorial
Reese Nichols	Jr.	New Richmond	Peter Cimino	Fr.	Menomonie