

**BIG RIVERS CONFERENCE BOYS CROSS COUNTRY ALL-CONFERENCE TEAMS**

2024-25 FIRST TEAM			2023-24 FIRST TEAM			2022-23 FIRST TEAM			2021-22 FIRST TEAM		
Will Pongonis *	10	ECM	Brock Bjerke *	12	HUD	Quin Andrews*	10	RVF	Lukas Wagner *	12	CHF
Quinlan Andrews	12	RVF	Quinlan Andrews	11	RVF	Isaac Mangrum	11	ECM	Quin Andrews	9	RVF
Ryan Keller	10	HUD	Noah Lawrence	12	HUD	Parker Dewey	11	ECM	Will Sylvester	10	ECM
Theodore Pennycook	11	HUD	Addisu Haverly	12	HUD	Will Sylvester	11	ECM	Colin Hanson	11	ECM
Zachery Waterman	12	HUD	Will Pongonis	9	ECM	Colin Hanson	12	ECM	Henry Czupryna	12	HUD
Carter Kucko	11	RLK	Ethan Eilertson	12	HUD	Noah Lawrence	11	HUD	Jacob Doehrmann	12	NWR
Jager Ruedebusch	12	HUD	Zachery Waterman	11	HUD	Ty Jacobs	12	ECN	Ryan Beranek	12	CHF
Luke Beeksma	12	ECM	Ryan Keller	9	HUD	Connor Norby	12	MEN	Jude Ogden	12	MEN
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Owen Koepke	10	RVF	Carter Kucko	12	RLK	Benjamin Cihasky	11	CHF	Addisu Haverly	10	HUD
Evan Olson	10	MEN	Will Sylvester	12	ECM	Brock Bjerke	11	HUD	Dustin Sheely	12	RVF
Jonah Majerus	12	RVF	Jonah Majerus	11	RVF	Daniel Murray	11	ECM	Ty Jacobs	11	ECN
Logan Topper	9	MEN	Theodore Pennycook	10	HUD	Titus Frock	12	ECN	Nathaniel Foster	11	RVF
Peter Cimino	12	MEN	Noah Sylvester	10	ECM	Jonah Majerus	10	RVF	Titus Frock	11	ECN
Noah Sylvester	11	ECM	Jager Ruedebusch	11	HUD	Addisu Haverly	11	HUD	Grant Burns	9	MEN
Owen Pelzel	10	MEN	Mason Fredrickson	11	CHF	Noah Sylvester	9	ECM	Taggart Ruedebusch	10	HUD
Mason Fredrickson	12	CHF	Tae Herron	10	NWR	Nic Owens	12	HUD	Mason Hughes	10	NWR

2020-21 FIRST TEAM			2019-20 FIRST TEAM			2018-19 FIRST TEAM			2017-18 FIRST TEAM		
No championships were run due to Covid			Anthony Weeks *	11	HUD	Zak Sather *	12	ECM	George Bond *	11	HUD
			Mason Shea	12	RF	Anthony Weeks	10	HUD	Zak Sather	11	ECM
			Noah Lundeen	12	MEN	Scott Stokes	10	ECM	David Ecker	12	ECN
			Patrick Schwartz	11	MEN	Mason Shea	11	RF	Josh Becker	11	ECM
			Grant Magnuson	11	RF	Grant Magnuson	10	RF	Max Ball	12	HUD
			Scout Stokes	11	ECM	George Bond	12	HUD	Bryce Daniels	12	CF
			Joey Madson	12	RF	Noah Lundeen	11	HUD	Scott Stokes	9	ECM
			Benjamin Lemay	12	CF	Joey Madson	11	RF			
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
			Jason Franzwa	12	RF	Sam Kiecker	12	HUD	Keegan Sansone	12	HUD
			Aidan Snow	12	ECM	Andrew Vierbicher	12	ECM	Matthew Kieffer	12	MEN
			Morgan Selchow	11	MEN	Cale Wimer	11	HUD	Cale Wimer	10	HUD
			Derek Penzkover	11	RL	Jacob Mathes	12	HUD	Noah Lundeen	10	HUD
			Titus Frock	0	ECN	George Lynch	12	ECM	Jack Leipnitz	11	MEN
			Brandon Nelson	11	RF	Richard Veness	12	RF	Seth Miner	12	HUD
			Aaron Dong	12	RL	Carter Wood	12	ECM	Tyler Cernohous	12	RF
			Joel Anderson	10	MEN	Derek Penzkover	10	RL			

2016-17 FIRST TEAM			2015-16 FIRST TEAM			2014-15 FIRST TEAM			2013-14 FIRST TEAM		
Zak Sather *	10	ECM	Jesse Becker *	11	ECM	Patrick Treacy *	12	ECM	Trent Powell *	12	RF
Max Ball	11	HUD	Max Ball	10	HUD	Gunner Sigurdson	12	ECN	J. P. Nelson	12	ECM
Erik Sworski	12	CF	George Halunen	11	HUD	George Halunen	10	HUD	Patrick Treacy	11	ECM
George Haluene	12	HUD	Michael Lindau	12	RL	Parker Lehmann	12	CF	Tim Cote	12	ECM
David Ecker	11	ECN	Zak Sather	9	ECM	Seth Malloy	12	ECN	Jack Kadidlo	12	HUD
George Bond	10	HUD	Zak Sather	9	ECM	Grant Bilse	11	MEN	Nick Dreger	12	ECN
Cale Wimer	9	HUD	David Ecker	10	ECN	Max Ball	9	HUD	Gunner Sigurdson	11	ECN
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Andrew Armitage	12	RF	Ian Smith	12	HUD	Neil Lenneman	11	RF	Henry Zold	12	MEN
Keegan Sansone	11	HUD	Grant Bilse	12	MEN	Dan Delestry	12	ECM	Donald Clark	12	HUD
Josh Becker	10	ECM	Andrew Armitage	11	RF	Chris Anderson	11	RF	Adam Fitzgerald	12	ECN
Tyler Auge	10	HUD	Matt Kieffer	10	MEN	Austin Scott	11	MEN	Bailey Biwer	11	ECM
Matthew Kieffer	11	MEN	Austin Scott	12	MEN	Michael Lindau	11	RL	Devin Warnick	12	ECM
Noah Lundeen	9	HUD	Alex Wittmershaus	12	MEN	Alex Wittmershaus	11	MEN	Geoff Carter	12	ECM
Nicholas Bruder	9	CF	Jacob Mathes	9	HUD	Braedan Michael	12	CF	Cooper Barth	12	CF

2012-13 FIRST TEAM			2011-12 FIRST TEAM			2010-11 FIRST TEAM			2009-10 FIRST TEAM		
Ryan Kromer *	12	HUD	Ryan Kromer *	11	HUD	Christian Phelps	11	ECM	Jacob Bell	12	HUD
Trent Powell	11	RF	Christian Phelps	12	ECM	Andrew Farris	11	CF	Ryan Kromer	9	HUD
Nate Tripp	12	RL	Trent Powell	10	RF	Ryan Kromer	12	HUD	Christian Phelps	10	ECM
Patrick Treacy	10	ECM	Mitch Lenneman	11	RF	Ethan Genco	12	RF	Matt Rudquist	11	HUD
Mitch Lenneman	12	RF	Andrew Farris	12	RCF	Luke Wusterbarth	12	HUD	Jacob Walters	12	RL
Nick Dreger	11	ECN	Shae Taylor	12	RF	Matt Rudquist	12	HUD	Andrew Farris	10	CF
Alec Heacox	12	ECN	J.P. Nelson	10	ECM	Alec Heacox	10	ECN	Mike Schretenthaler	11	ECM
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Anders Christensen	12	HUD	Tim Cote	10	ECM	Shae Taylor	11	RF	Ethan Genco	11	RF
Jack Kadidlo	11	HUD	Henry Zold	10	MEN	Ben Johnson	12	HUD	Justin Wittwer	12	CF
Jacob Putizer	12	RF	Tom Ramquist	10	ERF	Martin Zais	12	HUD	David Ritter	12	RF
Devin Warnick	11	ECM	Nathan Tripp	11	RL	Xavier Schwartz	12	MEN	Luke Wusterbarth	11	HUD
Lucas Larson	10	ECM	Anders Christensen	11	HUD	Trent Powell	9	RF	Kyle Salmonson	12	CF
Bailey Biwer	11	ECM	Jack Kadidlo	10	HUD	Mike Schretenthaler	12	ECM	Nathan Reckard	11	MEN
Tom Ramquist	11	RF	Shane Miller	11	MEN	Adam Fitzpatrick	9	ECN	Shae Taylor	10	RF

2008-09 FIRST TEAM			2007-8 FIRST TEAM			2006-7 FIRST TEAM			2005-6 FIRST TEAM		
Luke Wusterbarth	10	HUD	Tyler Heinz		ECM	Sean Olson		MEN	Sean Olson		MN
Jacob Ball		HUD	Nate Robertson		ECN	Logan Ekstrom	11	RF	Keith Behrman	12	RF
Tyler Heinz		ECM	Logan Ekstrom	12	RF	Adam Zais		HUD	Josh Wohlers	12	HUD
Colin Rogers	12	RF	Adam Zais		HUD	Kendrick Johnson		MEN	Dan Kromer	12	HUD
Nate Robertson		ECN	John Roberts		HUD	Neal Kivi		HUD	Scott Hayden	12	ECN
Matt Rudquist	10	HUD	Kelvin Johnson		MEN	Josh Wieland		MEN	Brian Riley		CF
Christian Phelps	9	ECM	Colin Rogers	11	RF	Zach Brawford		CF	Logan Ekstrom	10	RF
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Andy Carlson		ECM	Neal Kivi		HUD	John Roberts		HUD	Kelvin Johnson		MEN
Jake Pittman		HUD	Kendrick Johnson		MEN	Luke Wieker		HUD	Neal Skoog		HUD
Mike Schretenthaler	10	ECM	Tim Miller		RL	Matt Venaas		ECN	Alex Culy		RL
Ryan Schorbahn		ECM	Zach Brawford		CF	Sam Koemer		ECM	Adam Zais		HUD
Justin Wittwer		CF	Nathan Walker	12	RF	Tim Miller		RL	Kendrick Johnson		MEN
Jacob Walters	11	RL	Luke Wusterbarth		HUD	Anron Snyder		RL	Matt Steil		ECM
Ethan Genco	12	RF	Mike Merritt		MEN	Ben Wieker		HUD	Neil Kivi		HUD

2004-05 FIRST TEAM			2003-4 FIRST TEAM			2002-3 FIRST TEAM			2001-2 FIRST TEAM		
Jesse Merkel	12	MEN	Ryan Loshaw	12	ECM	Dustin Fier		HUD	Dustin Fier		HUD
Logan O'Grady	12	RF	Jesse Merkel	11	MEN	Kyle Long		HUD	Kyle Long		HUD
Keith Behrman	11	RF	Marc Mayer	11	ECM	Jim Parejko		MEN	Jim Parejko		MEN
Marc Mayer	12	ECM	Logan O'Grady	11	RF	Cory Hayden		ECN	Ryan Loshaw	10	ECM
Josh Wohlers	11	HUD	Keith Behrman	10	RF	John Mayer		CF	Evan Slocum		NR
Dan Kromer	11	HUD	Brent Kann	11	RL	John Barnhardt	11	ECN	John Barnhardt	10	ECN
Scott Hayden	11	ECN	Josh Wohlers	10	HUD	Eric Severude		HUD	Eric Severude		HUD
SECOND TEAM			SECOND TEAM			SECOND TEAM			SECOND TEAM		
Sean Olson		MN	John Barnhardt	12	ECN	Ryan Loshaw	11	ECM	Josh Newville		NR
Joel Wood		MEN	Tyler Etheridge	10	ECN	Jonathon Jentile		ECN	Cory Hayden		ECM
Brent Kann	12	RL	Andy Barnhardt	10	ECN	Logan O'Grady	10	RF	Andrew Redd		HUD
Tony Carr	12	MEN	Scott Hayden	10	ECN	Tony Brooks		HUD	Jon Jentile		ECN
Andrew Redmann		ECM	Connor Lynch	10	ECM	Tyler Etheridge	9	ECN	Marc Mayer	9	ECM
Ben Bonis		ECM	Tony Carr	11	MEN	Ryan Rudesill	11	RF	Tim Schulz		ECM
Michael Dusek	11	RF	Dan Kromer	10	HUD	Marc Mayer	10	ECM	Kenyon Scheurman	12	RF

2000-01 FIRST TEAM		1999-00 FIRST TEAM		1998-99 FIRST TEAM		1997-98 FIRST TEAM	
Dustin Fier	HUD	Ryan Donovan	HUD	Justin Steen	NR	Phillip Baribeau	HUD
Abe Wengel	MEN	Dustin Fier	HUD	Ryan Donovan	HUD	Ryan Lee	11 RF
Kyle Long	HUD	Mario O'Brien	ECM	Ryan Lee	12 RF	Sean Tallant	ECM
Paul Otteson	HUD	Tom Heebrink	NR	Dave Sokolowski	ECN	Jon Hoefs	Men
Dan Henning	ECM	Kyle Long	HUD	Curt DeRusha	11 RF	Jeremy Nacewicz	ECM
Mario O'Brien	ECM	Matt Slocum	NR	Matt Slocum	NR	Evan Jordan	MEN
John Barnhardt	9 ECM	Sean Tallent	ECM	Dan Henning	ECM		
SECOND TEAM		SECOND TEAM		SECOND TEAM		SECOND TEAM	
Evan Slocum	NR	Paul Otteson	HUD	Jeremy Nacewicz	ECM	Justin Miller	12 RF
Tim Schulz	ECM	Dan Henning	ECM	Mario O'Brien	ECM	Mark Taylor	12 RF
Jim Parejko	MEN	Evan Slocum	NR	Ben Albrecht	NR	Reed Olson	11 RF
Brian Stevens	9 RF			Adam Nelson	9 RF		
Ben Ahlbrecht	NR						
Josh Newville	NR						
Ryan Loshaw	9 ECM						

1996-1997 FIRST TEAM		1995-96 FIRST TEAM		1994-95 FIRST TEAM		1993-94 FIRST TEAM	
Jake Kemper	12 CF	Ryan Meissen	HUD	Jason Finch	HUD	Pat Russell	ECN
Rick Chapko	ECM	Mike Reneau	HUD	Ryan Meissen	HUD	Jason Finch	HUD
Ryan Summers	CF	Rick Chapko	ECM	Andy Hoenisch	ECN	Mike Barnhardt	ECN
Brian Smith	ECM	Mike Knade	CF	Nick Frank	CF	Thong Moua	ECN
Dan Hyland	RF	Josh Webb	CF	Mike Barnhardt	ECN	Justin Wosepka	RL
Erik Leafblad	ECM	Paul Goodwin	HUD	Mike Reneau	HUD	Abe Ryder	ECM
John Fehr	HUD	Max Neuhaus	11 RF	Steve Sinclair	RL	Craig Brye	RL
SECOND TEAM		SECOND TEAM		SECOND TEAM		SECOND TEAM	
Matt Atkinson	CF	Dan Hyland	11 RF	Jason Campbell	11 RF	Jacob Kemper	CF
Max Neuhaus	RF	Brian Smith	ECM	Abe Ryder	ECM	Andy Hoenisch	ECN
Kent Knudson	HUD	Eric Wickstrom	HUD	Josh Webb	CF	Matt Lahn	ECN
Clayton Rambery	RF	Ryan Summers	CF	Brian Smith	ECM	Jason Mork	MEN
Ryan Lee	RF	Kent Knudson	CF	Andy Hamilton	ECM	Steve Sinclair	RL
Eric Burdt	ECN	Ryan Delong	CF	Max Neuhaus	10 RF	Josh Webb	CF
Jeff Ehrard	ECN	Erik Leafblad	ECM	Mike Knade	CF	Duncan Roberts	HUD

1992-93 FIRST TEAM		1991-92 FIRST TEAM		1990-91 FIRST TEAM		1989-90 FIRST TEAM	
Luther Olson	ECN	Kevin Mason	CF	Kevin Mason	CF	Bryan Betzold	ECN
Gonzalez	MEN	Luther Olson	ECN	Brad Stange	ECM	Tim Bollom	CF
Pat Russell	ECN	Greg Collins	HUD	Greg Collins	HUD	Travis Dettingerr	ECN
Greg Collins	HUD	Chris Moss	ECM	Paul Stumpf	11 RF	Mike Brunstad	CF
Mike Barnhardt	ECN	Travis Thiel	ECM	Chris Moss	ECM	Kevin Mason	CF
Henson	MEN	Zeuli	HUD	Dan Frase	ECM	Chris Brooks	HUD
Wampfler	RL	Paul Stumpf	12 RF	Chris Brooks	HUD	Chris Brunslick	RL
SECOND TEAM		SECOND TEAM		SECOND TEAM		SECOND TEAM	
Rowe	ECM	Schneider	RL	Luther Olson	ECN	Luther Olson	ECN
Strong	MEN	Jon Krupa	11 RF	Rod Kammerdiener	ECM	Eric Tostrud	RF
Whiting	CF	Russell	ECN	Trent Schon	ECM	Mark Chapin	RF
Paterick	CF	Mark Nicholson	11 RF	John Kidd	CF	Trent Schon	ECM
Thong Moua	ECN	Aaron Walczak	ECN	Dustin Rowe	ECM	Rod Kammerdiener	ECM
Hansen	CF	Trent Schon	ECM	Chris Brunclik	RL		
Eve	ECM	Wampfler	RL	Scott Howard	CF		