



# BIG RIVERS ALL-CONFERENCE TEAM



## Cross Country

GIRLS

BOYS

### 2022-23 BRC TEAM CHAMPION

Eau Claire Memorial

Eau Claire Memorial

### BRC INDIVIDUAL CONFERENCE CHAMPION

<u>Name</u>	<u>Yr.</u> <u>School</u>	<u>Name</u>	<u>Yr.</u> <u>School</u>
Marah Benedict	So. New Richmond	Quin Andrews	So. River Falls

### 1ST TEAM ALL-CONFERENCE

<u>Name</u>	<u>Yr.</u> <u>School</u>	<u>Name</u>	<u>Yr.</u> <u>School</u>
Marah Benedict	So. New Richmond	Quin Andrews	So. River Falls
Elizabeth Anderson	Sr. Eau Claire Memorial	Isaac Mangrum	Jr. Eau Claire Memorial
Lilly Jensen	Jr. River Falls	Parker Dewey	Jr. Eau Claire Memorial
Olive Halvorson	Fr. River Falls	Will Sylvester	Jr. Eau Claire Memorial
Lyla Vlcek	So. Hudson	Colin Hanson	Sr. Eau Claire Memorial
Lauren Holthaus	Sr. Rice Lake	Noah Lawrence	Jr. Hudson
Clara Drost	Fr. Rice Lake	Ty Jacobs	Sr. Eau Claire North
Brooklyn Hoff	Jr. Menomonie	Connor Norby	Sr. Menomonie

### 2ND TEAM ALL-CONFERENCE

<u>Name</u>	<u>Yr.</u> <u>School</u>	<u>Name</u>	<u>Yr.</u> <u>School</u>
Anna Imsande	Sr. Menomonie	Benjamin Cihasky	Jr. Chippewa Falls
Ceana Dietz	Sr. New Richmond	Brock Bjerke	Jr. Hudson
Ava Wozney	Jr. Eau Claire Memorial	Daniel Murray	Jr. Eau Claire Memorial
Anna Fitzgerald	Sr. New Richmond	Titus Frock	Sr. Eau Claire North
Kyah Barnhart	Fr. Menomonie	Jonah Majerus	So. River Falls
Emma Winkler	Jr. Eau Claire Memorial	Addisu Haverly	Jr. Hudson
Charlotte Willems	So. Eau Claire Memorial	Noah Sylvester	Fr. Eau Claire Memorial
Britta Holter	So. Hudson	Nic Owens	Sr. Hudson

### HONORABLE MENTION

<u>Name</u>	<u>Yr.</u> <u>School</u>	<u>Name</u>	<u>Yr.</u> <u>School</u>
Leah Luedtke	So. Eau Claire North	Taggart Ruedebusch	Jr. Hudson
Norah Hastreiter	Sr. Rice Lake	Dylan Norby	Sr. Menomonie
Ruby Mitchell	Sr. Hudson	Grant Burns	So. Menomonie
Jordan Chen	Jr. Chippewa Falls	Carter Davis	Sr. Menomonie
Afton Gillis	Fr. River Falls	Jager Ruedebusch	So. Hudson
Madison Lehman	Jr. Menomonie	Kansas Smith	Sr. Chippewa Falls
Lindsay Berg	So. Eau Claire Memorial	Zachery Waterman	So. Hudson
Ryleigh White	Sr. Hudson	Carter Kucko	Fr. Rice Lake