



BIG RIVERS ALL-CONFERENCE TEAM



Girls Track

2022-23 BRC CHAMPION

Chippewa Falls

1ST TEAM ALL-CONFERENCE

Event	Name	Year	School
100 m dash	Brooklyn Sandvig	Sr.	Chippewa Falls
200 m dash	Brooklyn Sandvig	Sr.	Chippewa Falls
400 m dash	Brooklyn Sandvig	Sr.	Chippewa Falls
800 m run	Ceana Dietz	Sr.	New Richmond
1600 m run	Ceana Dietz	Sr.	New Richmond
3200 m run	Brooklyn Hoff	Jr.	Menomonie
100 m hurdles	Adaline Sheplee	Fr.	Rice Lake
300 m hurdles	Adaline Sheplee	Fr.	Rice Lake
Shot Put	Isabelle Schmidt	Sr.	Rice Lake
Discus	Isabelle Schmidt	Fr.	Rice Lake
Long Jump	Brooklyn Sandvig	Sr.	Chippewa Falls
High Jump	Adaline Sheplee	Fr.	Rice Lake
Triple Jump	Ava Krista	So.	Chippewa Falls
Pole Vault	Kayleigh Volkman	Sr.	River Falls
4 x 100 m relay	Avery Ash	So.	Rice Lake
	Adaline Sheplee	Fr.	Rice Lake
	Sophia Knauff	Jr.	Rice Lake
	Madilyn DeLawyer	So.	Rice Lake
4 x 200 m relay	Abi Banitt	Sr.	River Falls
	Lilly Jensen	Jr.	River Falls
	Brooklyn Silloway	Sr.	River Falls
	Rebecca Randleman	Sr.	River Falls
4 x 400 m relay	Izzy Jensen	Jr.	New Richmond
	Jasmine Altena	So.	New Richmond
	Vivian Roberts	Sr.	New Richmond
	Ceanna Dietz	Sr.	New Richmond
4 x 800 m relay	Ruby Mitchell	Sr.	Hudson
	Lyla Vicek	So.	Hudson
	Olivia Thompson	Fr.	Hudson
	Rebecca Belany	Jr.	Hudson

Track Athlete of the Meet: Brooklyn Sandvig (Chippewa Falls)

Field Athlete of the Meet: Isabelle Schmidt (Rice Lake)

2ND TEAM ALL-CONFERENCE

Event	Name	Year	School
100 m dash	Eliana Sheplee	Jr.	Rice Lake
200 m dash	Eliana Sheplee	Jr.	Rice Lake
400 m dash	Eliana Sheplee	Jr.	Rice Lake
800 m run	Lauren Holthaus	Sr.	Rice Lake
1600 m run	Lauren Holthaus	Sr.	Rice Lake
3200 m run	Elizabeth Anderson	Sr.	Eau Claire Memorial
100 m hurdles	Lanie Jilek	Sr.	Hudson
300 m hurdles	Kate Anderson	So.	Hudson
Shot Putt	Bernie Barnhardt	Jr.	Eau Claire North
Discus	Ellie Pacholke	Jr.	Rice Lake
Long Jump	Kendall Kein	So.	Eau Claire North
High Jump	Laura Mahowald	Jr.	Hudson
Triple Jump	Madilyn DeLawyer	So.	Rice Lake
Pole Vault	Karin Crim	Sr.	Hudson
4 x 100 m relay	Abi Banitt	Sr.	River Falls
	Lilly Jensen	Jr.	River Falls
	Brooklyn Silloway	Sr.	River Falls
	Rebecca Randleman	Sr.	River Falls
4 x 200 m relay	Gracie Berglund	So.	Eau Claire Memorial
	Brianna Fletcher	Sr.	Eau Claire Memorial
	Raya Shaw	Fr.	Eau Claire Memorial
	Anna Koss	Sr.	Eau Claire Memorial
4 x 400 m relay	Ruby Mitchell	Sr.	Hudson
	Olivia Thompson	Fr.	Hudson
	Kate Anderson	So.	Hudson
	Ella Cartensen	Jr.	Hudson
4 x 800 m relay	Lauren Holthaus	Sr.	Rice Lake
	Norah Hastreiter	Sr.	Rice Lake
	Kendra Richter	Sr.	Rice Lake
	Sedona Gay	Fr.	Rice Lake

HONORABLE MENTION ALL-CONFERENCE

Event	Name	Year	School
100 m dash	Rebecca Randleman	Sr.	River Falls
200 m dash	Olivia Sedlacek	So.	Chippewa Falls
400 m dash	Olivia Sedlacek	So.	Chippewa Falls
800 m run	Lilly Jensen	Jr.	River Falls
1600 m run	Anna Fitzgerald	Sr.	New Richmond
3200 m run	Sedona Gay	Fr.	Rice Lake
100 m hurdles	Isabel Sorensen	Fr.	Menomonie
300 m hurdles	Ella Carstensen	Jr.	Hudson
Shot Putt	Avery Jepsen	So.	Eau Claire Memorial
Discus	Brooklyn Green	Sr.	New Richmond
Long Jump	Ava Krista	So.	Chippewa Falls
High Jump	Ava Krista	So.	Chippewa Falls
Triple Jump	Brianna Fletcher	Sr.	Eau Claire Memorial
Pole Vault	Natalie Schueller	Sr.	Chippewa Falls
4 x 100 m relay	Brianna Fletcher	Sr.	Eau Claire Memorial
	Grace Hansen	Sr.	Eau Claire Memorial
	Gracie Berglund	So.	Eau Claire Memorial
	Anna Koss	Sr.	Eau Claire Memorial
4 x 200 m relay	Taylor Mosher	Jr.	Chippewa Falls
	Madison Hunt	Jr.	Chippewa Falls
	Jada Wood	So.	Chippewa Falls
	Emma-Lyn Stephenson	Sr.	Chippewa Falls
4 x 400 m relay	Susan Bergeman	So.	Chippewa Falls
	Lydia Martin	Fr.	Chippewa Falls
	Jada Wood	So.	Chippewa Falls
	Emma-Lyn Stephenson	Sr.	Chippewa Falls
4 x 800 m relay	Noelle Simetkosky	So.	Chippewa Falls
	Susan Bergman	So.	Chippewa Falls
	Libby Spitz	Fr.	Chippewa Falls
	Abby Mercanti	So.	Chippewa Falls