



# BIG RIVERS ALL-CONFERENCE TEAM



## Cross Country

GIRLS

BOYS

### 2024-25 BRC TEAM CHAMPION

Menomonie

Hudson

### BRC INDIVIDUAL CONFERENCE CHAMPION

<u>Name</u>	<u>Yr.</u>	<u>School</u>	<u>Name</u>	<u>Yr.</u>	<u>School</u>
Lauren McCalla	Jr.	Menomonie	Will Pongonis	So.	Eau Claire Memorial

### 1ST TEAM ALL-CONFERENCE

<u>Name</u>	<u>Yr.</u>	<u>School</u>	<u>Name</u>	<u>Yr.</u>	<u>School</u>
Lauren McCalla	Jr.	Menomonie	Will Pongonis	So.	Eau Claire Memorial
Marah Benedict	Sr.	New Richmond	Quinlan Andrews	Sr.	River Falls
Bree Barfnecht	Fr.	Menomonie	Ryan Keller	So.	Hudson
Kendra Christensen	Fr.	New Richmond	Theodore Pennycook Jr.	Hudson	
Lindsay Berg	Sr.	Eau Claire Memorial	Zachery Waterman	Sr.	Hudson
Olive Halvorson	Jr.	River Falls	Carter Kucko	Jr.	Rice Lake
Lyla Vlcek	Sr.	Hudson	Jager Ruedebusch	Sr.	Hudson
Bennett Schmitt	Jr.	Menomonie	Luke Beeksma	Sr.	Eau Claire Memorial

### 2ND TEAM ALL-CONFERENCE

<u>Name</u>	<u>Yr.</u>	<u>School</u>	<u>Name</u>	<u>Yr.</u>	<u>School</u>
Abby Britton	So.	Rice Lake	Owen Koepke	So.	River Falls
Bella Drake	So.	Menomonie	Evan Olson	So.	Menomonie
Noelle Simetkosky	Sr.	Chippewa Falls	Jonah Majerus	Sr.	River Falls
Oliver Tanner	Fr.	Eau Claire Memorial	Logan Topper	Fr.	Menomonie
Addison Schuler	Fr.	Menomonie	Peter Cimino	Sr.	Menomonie
Clara Drost	Jr.	Rice Lake	Noah Sylvester	Jr.	Eau Claire Memorial
Leah Schiltgen	So.	Hudson	Owen Pelzel	So.	Menomonie
Rue Birkholz	So.	Eau Claire Memorial	Mason Fredrickson	Sr.	Chippewa Falls

### HONORABLE MENTION

<u>Name</u>	<u>Yr.</u>	<u>School</u>	<u>Name</u>	<u>Yr.</u>	<u>School</u>
Adeline Viergutz	Sr.	Eau Claire Memorial	Austin Prince	Jr.	Rice Lake
Annie Csiacsek	Fr.	River Falls	Jack Hughes	Jr.	New Richmond
Claire Nigon	So.	Hudson	Luke Ray	Jr.	Menomonie
Madison Benzer	So.	New Richmond	Gabe Dunn	Jr.	Eau Claire North
Charlotte Willems	Sr.	Eau Claire Memorial	Cole Gillis	So.	Chippewa Falls
Bryn Myers	So.	Eau Claire Memorial	Henry Fish	So.	Chippewa Falls
Nora Mecikalski	Sr.	Eau Claire Memorial	Logan Coleman	Sr.	Hudson
Morgan Stephens	Jr.	Rice Lake	Henry Cronk	Jr.	River Falls